

~AREA MENTAL HEALTH RESOURCES~

Community Healthlink - Lipton Center: *Counseling and psychiatric services*

*Emergency Services / Crisis Evaluation: **(800) 977-5555**

*Adolescent Services: **978-537-3324**

Counseling and Assessment Clinic of Worcester/Fitchburg: **978-345-9400**; 76 Summer Street, Fitchburg
Provides services for children, including therapeutic mentoring and school based counseling

Flying High Farm: **978-582-7103** <http://www.flyinghighfarm.com/>
Animal Assisted Psychotherapy for children and adolescents

Greater Gardner Community Health Connections: **978-878-8100**
Medical, dental, and mental health services

LUK Behavioral Health Clinic: **800-579-0000** *Counseling & psychiatry - children, adolescents, and adults*
99 Day Street, Fitchburg; *Substance abuse services: 978-829-2222

New England Center for Mental Health: **978-679-1200**; Littleton, MA
Pediatric and adult mental health and psychiatry services

Pediatric Behavioral Health: **508-835-1735**; 148 Worcester Street, West Boylston

Perkins Behavioral Health: **978-368-0181**; 971 Main St, Lancaster
Individual and family therapy; Psychiatry; Behavior plans for home and school

Psychotherapy Associates: **978-537-1835**; 1205 Central Street, Leominster
Mental health services for children, adolescents, adults, couples
George Bozicas, Deborah Kelly, Jack Markham, Ellen Tibby, Evelyn Bennet

South Bay Mental Health: **978-870-1840**; 80 Erdman Way, Leominster

Wachusett Counseling Associates: **978-534-1962**

Wachusett Family Services: **978-630-3225**; 486 Chestnut St., Gardner
Counseling for children, adolescents, adults and families

Wellness Hub: **978-928-1164**; www.wellnesshub1main.com; 1 Main Street, Hubbardston
Individual or Group counseling for children, adolescents, adults; yoga instruction

Y.O.U., Inc. Counseling Center: **978-632-2321**; 205 School St., Gardner
Counseling to children, adolescents, and adults; Psychiatry services for children only

Help Pro (www.helppro.com): Website dedicated to helping people find appropriate referrals based on specialty and insurance provider

~PSYCHIATRY~

Karen LeBlanc, MD:

978-345-5925; Electric Ave., Fitchburg

Pediatric Behavioral Health:

508-835-1735; 148 Worcester St, WBoylston

Community Healthlink - Lipton Center:

508-860-1000

Perkins Behavioral Health:

978-368-0181

LUK Behavioral Health Clinic:

800-579-0000

Psychiatry and Family Counseling:

978-840-1100; Dr. Keith Levy, Dr. Jay Ryan

New England Center for Mental Health:

978-679-1200 (Littleton, MA)

Wachusett Psychiatry:

978-840-8808; Dr. Aney, Dr. Kosinski, Dr. Kennedy

Joanne McLean:

508-254-9817 (Westminster)

Perry Psychiatry

508-241-4248 (Westminster)

Dr. Andrew Gill:

978-827-5115 (Ashburnham)

~INDEPENDENT PRACTITIONERS~

By location...

Westminster

Jill Bushay:

978-790-5254

Ray Chandler:

978-807-6823

Barbara McDonald:

978-660-2567

Kellie Perkins:

978-549-6059

David Barry:

508-847-9605

Angela Hakkila:

978-424-6622

Rick Morrill:

508-882-0176

Heather Sweeney:

978-895-1176

Lori Carpenter:

413-218-3625

Jennifer Laroche:

508-560-5357

Angela O'Neil:

978-771-5407

Joyce Shapiro-Elowitz:

978-870-8542

Fitchburg / Leominster

Marybeth Barrett:

978-534-3351

Angela Grattarotti:

978-534-1872

Kristen Lunden:

978-502-9720

Jennifer Rapkin:

978-345-6729

Brenda Cooper:

978-342-6070

Leigh Horne-Mebel:

617-643-3592

Kathryn Mattison:

978-466-5777

Gardner / Templeton / Hubbardston

Sarah Aubuchon:

603-762-5356

Adeshola Gionet:

978-310-1995

Kay Osborne:

508-331-6406

John Thibeault:

978-630-3225

Lynn Cormier-Savaraths:

508-212-5187

Kathy Hall:

978-894-3545

Camie Powers:

978-208-4231

Lori Churchill: (sliding fee scale) 978-928-1164

Alena Martiros:

978-403-0248

Dr. Kristen Robinson:

781-572-5550

Clinton / Sterling / West Boylston

Bradford Feltus:

978-365-4966 (Clinton)

Cathy Hookway:

978-366-4000 (WB)

Cory Liimatainen:

508-714-3996 (WB)

Sheila Lanciani:

978-422-0506 (Sterling)