Overview of the Course Selection Process

Oakmont Regional High School

January 10, 2019
Calendar of Activities

- January 10  Eighth Grade Parents’ Information Night
  6:00 PM  Oakmont Auditorium
  Course Selection Presentation at Overlook
- January 11  Course selection day at Overlook: Eighth graders meet with high school counselors to select courses
- January 14  Course Selection Forms completed, signed, and returned to Overlook Guidance Office.
Typical Day at Oakmont

A
7:30 – 8:53

Homeroom / Advisory/Bagel Bar
8:56 – 9:10

B
9:10 – 10:33

Lunch 1
10:36 – 10:56

C
10:59 – 12:22

C
10:43 – 12:06

D
12:32 – 1:55

Lunch 2
12:09 – 12:29
Graduation Requirements

English: 4 Credits: One English Course per year
Social Studies: 3 Credits: Ancient to 1763 or US and the World 1763-1900
US and the World: Twentieth Century 1900-1989
One social studies elective
Mathematics: 3 Credits*
Science: 3 Credits: Biology, Two Electives
Fitness and Health: 2 Credits: .5 Health credit during Grade 9 and 3 Fitness Courses
Business: .5 Credit: Business Applications and Career Exploration during Grade 10
Electives: 10.5 Credits
Total: 26 Credits**

*Students entering into a four year MA state university, must take a math course in their senior year.
**Students must also meet the MCAS graduation requirement by passing the English/Language Arts, Mathematics, and Science MCAS exams.
Sample Schedule 1

Semester One

A  English 9 Honors
B  Algebra 1 Honors
C  Art or Graphic Design or Music or Technology Courses or other
D  French I or Spanish 1

Semester Two

A  Ancient History (H)to 1763 or Early Modern History(H)
B  Geometry Honors
C  Health / Fitness
D  Biology Honors
Sample Schedule 2

Semester One

A  English 9
B  Algebra 1 Part 1
C  Biology
D  Art or Graphic Design or Music or Technology Courses or other

Semester Two

A  Ancient History to 1763 or Early Modern History
B  Algebra 1 Part 2
C  Fitness / Health
D  French I or Spanish 1
Sample Schedule 3

Semester One

A  FIRST, Part 1
B  Algebra and Geometry I
C  Principles of Biology
D  Learning Center, Band, or Chorus / Health 9

Semester Two

A  FIRST, Part 2
B  Learning Center, Band, or Chorus / Fitness
C  Ancient History to 1763 or Early Modern History
D  Algebra I, Part 1

* A student could take a history in Grade 10 to fit in an elective.
The Course Selection Form

• Course Selection Form (includes recommendations made by students’ teachers)
• Required Courses
• Elective Courses
• Completed Form (must be signed and returned to Overlook Guidance by Jan 14th)
OAKMONT REGIONAL HIGH SCHOOL COURSE SELECTION FORM - CLASS OF 2023

You will need to select your courses for next year. Required courses have already been assigned for you based on the recommendations of your grade 9 teacher and Counselor's course chart. Please be sure to review a list of Prerequisites below.

Tenth Grade Required Courses

- (013) English 9 Honors
- (014) English 9
- (017) FIRST English 9 Part 1 and (018) FIRST English 9 Part 2 (count as 2 courses)
- (020) Foundations: Ancient to 1750
- (021) Foundations: Ancient to 1750 Honors
- (022) US and the World: Early Modern 1585-1900
- (023) US and the World: Early Modern 1585-1900 Honors
- (025) Algebra 1 Part 1 and (026) Algebra 1 Part 2 (count as 2 courses)
- (026) Algebra 1 Honors and (027) Geometry Honors (Semester II) (count as 2 courses)
- (028) Algebra & Geometry Prerequisites and Algebra 1 Part 1 (count as 2 courses)
- (031) Biology Honors
- (033) Biology
- (035) Fitness / Health (count as 1 course)

Tenth Grade Elective Courses

- (018) Book Smarts
- (019) Journalism
- (023) French I
- (024) Spanish I
- (025) Spanish II

Tenth Grade Counselor Recommended Courses

- (010) Learning Center – Alt. Day
- (011) Foundations of Reading
- (012) Practical Math I
- (093) Global Skills Seminar – Alt. Day

Alternative Courses: If you are unable to schedule your first choice electives, what other courses would you choose? (Please list in order of importance)

1. 
2. 
3. 
4. 

Students and their parents/guardian(s) should give considerable thought to course selections and should make a commitment to their course selection decisions. Students with unapproved Educational Plan will have their schedules reviewed by the Special Education staff and appropriate changes made as needed. Once students are registered for courses and the course schedule is finalized and submitted to base, STUDENT INITIATED COURSE CHANGES WILL NOT BE ALLOWED without a personal/parent conference with Counselor guidance counselor. Please understand that it is in the best interests of all students that you take the time to carefully consider course Selections. Teachers are qualified to teach specific courses and may be unable to offer electives that are not on their course selections. Also, the philosophy of our school that all students should take the most rigorous courses possible in order to better prepare our students for college and career success. We have reviewed and approved the course selections of any student that the 2018-2019 school year.

Parent Signature: 
Date: 

Student Signature: 
Date: 

Parent/guardian(s) who have questions on courses are encouraged to contact Mrs. Coates at 624-1421 in the Oakmont Guidance Office. PLEASE RETURN TO GUIDANCE OFFICE BY JANUARY 15.
Course of Studies: 2019-2020

- English
- Social Studies
- Mathematics
- Science
- Foreign Languages
- Special Education Services
- Technology Engineering
- Visual and Performing Arts
- Health and Fitness
English/Language Arts Courses

- Practical English (Special Education English 9 Course)

- FIRST (Freshmen Integrated Reading, Study Skills and Critical Thinking) two semesters of English 9 Curriculum

- English 9 – College Prep

- English 9 – Honors
English Electives

• Journalism:
  • Student writers become familiar with all aspects
  • Students publish school newspaper, The Oakmonitor
  • Topics include generating story ideas, newsgathering, ethics, interviewing, and editing

• Book Smart:
  • Fosters love of reading
  • Daily in class reading selected by students
  • Project and group work
Social Studies

Choice of:
• Foundations: Ancient to 1763 CP or Honors
• US and the World: Early Modern 1763-1900 CP or Honors
Mathematics

• Practical Math (Special Education course)
• Introduction to Algebra and Geometry (Special Education Course)
• Algebra and Geometry Preview
• Algebra I, Part 1
• Algebra I, Part 2
• Algebra I, Honors
• Geometry, Honors
Calculators in Math classes

• The type of graphing calculator used at Oakmont is a Texas Instruments TI-84.
• This calculator is not required, but it is strongly recommended for any student striving to take pre-calculus/calculus.
• The cost of the TI-84 is about $100.
Science

- Principles of Biology
- Biology, College Prep
- Biology, Honors
Foreign Languages

• French I

• Spanish I

• Spanish II*

*Considering Spanish II? Sign up for Spanish I and Spanish II and the Oakmont Guidance Office will take Spanish I out of your schedule once we receive the placement test results.

** Be advised four year colleges require two courses of the same foreign language at the high school level in order to be eligible for admission. If you place into Spanish II, then you will be advised to take Spanish III (which is only available at the honors level) in order to be eligible for admission at many competitive colleges.
Special Education Services

- Learning Center
- Specialized Courses
- Support Services
- EXCEL Program
Health and Fitness

• Health 9

• Fitness
Global Skills Seminar

• Designed for students who struggle to meet academic demands but do not qualify for Special Education services

• Individualized organizational and study skills

• Teacher recommendation required to be placed into GSS
Music - Grade 9 Electives

- Concert Choir I
- Concert Band I
- Music Appreciation
- Rock and Roll – Blues to the Beatles
- Rock and Roll – British Invasion to Today
- Music Theory I
- Music Theory II Honors

Extracurricular: (Not for credit)
- Marching Band; Jazz Band: Percussion Ensemble; Select Choir
Music Appreciation is a tour through the world of music, from Medieval Chant through Classical, Jazz, and ends with Rock, which is where History of Rock and Roll begins. Much listening is involved with a strong emphasis on identification of the historical period from which the music originates. The people and events of the time that influenced the composers and their compositions will be studied.
Rock and Roll

Rock and Roll is broken into two parts. In part one we explore how rock music began in early 1900’s with Blues and Country. We discover the music of Elvis, Buddy Holly, Motown, and end with the Beatles. We continue through the British Invasion in part two. This class will study the music of the Woodstock generation, Heavy Metal, Disco, Funk, Reggae, Punk, all the way to music of today. We will cover many artists, such as The Rolling Stones, The Who, Led Zeppelin, Bob Marley, David Bowie, Queen, Aerosmith, Madonna, and many many more!
Course Sequence

Students considering a Visual Arts Career Path should take into account the above chart which shows your elective options from Freshman to Senior years. The Visual Arts has helped many students achieve acceptance to art schools and colleges where they have acquired degrees in the following areas:

**ART 1**

**ART 1** is a hands-on art course using a variety of materials that students explore to make creative, original artworks based upon individuality, sight, imagination, and personal expression.
ART 2 offers individual experiences using all sorts of materials while students discover new creative choices with digital technology, photography, personal devices, and of course, it’s all about color!
Graphic Design 1 is an exploration of design process, creativity, craftsmanship, and work ethic along with an introduction to Adobe software and the Mac Computer platform.

GD students-Sian Michael- Pear Poster, Sueng Un Nam-Spacescape, Nick Kucher-Historic Quote Poster, Laurynn Bedard-Digital Self Portrait, Anna Thornton-Logo Identity
Graphic Design 2

GD2 is an in depth course pushing creativity, craftsmanship, and work ethic along with software skills & techniques. The development and growth of both you, your Graphic Design projects and your portfolio.

GD students-Cassie Fayorsey- Super fan poster, Katie Petkwich-Johnny Cash Drink Label, Larissa Boyack- Squid Typography, Keara Moulton- Double Exposure
Design Technology

In this course students will learn techniques and develop the skills that designers, engineers, and architects use to plan projects. Students will learn instrument drawing (drafting) as well as computer aided design (CAD). Throughout the course students will design, construct and test their solutions to multiple design challenges.
Woodworking Technology

Students design and construct a series of projects using hand and power tools. Emphasis will be placed on the designing, planning and selection phases used to construct a quality wood product. The team approach to problem solving will be used in order to create a manufacturing production sequence.
Communications Technology

This course focuses on processes that allow for communication in a variety of mediums. Students will develop an understanding of the various methods used to create a message that can be transmitted through electronic, printed or verbal means. Course emphasis includes computer graphic design, animation, telecommunications, television production, film and digital photography, printing, audio systems, and video systems.
Co-curricular Activities

- Art
- Audio/Visual Technician
- Bookstore
- Chess Club
- Class Officers
- Creative Writing Club
- Drama Club
- French Club
- Friends Club
- Gay/Straight Alliance
- International French Honor Society
- Jazz Band
- Marching Band
- National Art Honor Society
- National Honor Society
- Oakmonitor Newspaper
- Oakmont Environmental Association
- OTV – Oakmont television
- Peer Leaders
- Political Discussion Club
- Robotics
- SADD
- Select Choir
- Spanish Club
- Spring Musical
- Student Advisory Council
- Student Council
- Table Tennis (Ping-Pong)
- Yearbook
- Youth Venture Clubs
Athletics

• **Fall Sports:** Football; Boys and Girls’ Soccer; Field Hockey; Boys and Girls’ Cross Country; Golf; Cheerleading

• **Winter Sports:** Boys and Girls’ Basketball; Boys and Girls’ Ice Hockey; Boys and Girls’ Indoor Track; Cheerleading; Wrestling; Swim Team; Unified Basketball

• **Spring Sports:** Baseball; Softball; Boys and Girls’ Lacrosse; Boys and Girls’ Outdoor Track; Unified Track
The Oakmont Year

August
• Marching Band Camp
• Fall Sports Begin
• Freshmen Orientation

September
• Welcome Back Dance
• Freshmen Class Elections
• Undergraduate Awards

October
• Homecoming Rally and Game
• Senior Halloween Party

November
• Powder Puff Football
• Turkey Bingo
• Thanksgiving Football Game
• Interclass Play Competition
The Oakmont Year

December
• Winter Sports Begin
• Holiday Concert
• Holiday Charity Drives

January
• Mr. Oakmont
• Final Exams – Semester two begins

February
• Snow Ball – Winter Semi-Formal

March
• Winter Concert
• Colin Carey Memorial Dodgeball Tournament
• Spring Sports Begin
The Oakmont Year

April
  • Jazz Night
  • School Musical

May
  • Evening with the Arts
  • Harmony Week
  • Junior/Senior Prom
  • Robotics Competition
  • Senior Week

June
  • Graduation
Guidance Department

• A- F  Mr. Pilger

• G-O  Ms. Ewell

• P-Z  Ms. Dubovick
Thank you for attending!