



## Grade 1 Suggested Activities

### Week of March 23, 2020

#### Reading:

1. Read to a family member or listen to a family member read. Talk about what the problems were in the story and how each problem was solved. Did one problem create a new problem? After reading a story, write or draw what happens in the beginning, middle and end of the story.
2. Play sight word tic tac toe. Create a tic tac toe board but put a sight word in each box. When you play you can only put an X or an O if you read the word correctly.
3. Read everyday to yourself or a family member for 20 minutes. Talk about what you read with someone. You could even call a friend or family member and tell them what happened in the story or what you learned. Give them your opinion on if he/she should read the book and why.

#### Writing:

1. Write different letters to send to friends or family members. You could even write to a friend or teacher you miss at school!
2. Choose some words we have had on spelling tests this year and write them on small papers. Hide them around the house for a family member to find.
3. Write in a journal each day telling about something you did or plan to do each day. Try to write at least 3 sentences about your day. Draw a picture to match your words.

## Math:

1. Using paper make 2 sets of cards from 0-20. Shuffle the cards and give half to yourself and half to the person you are playing with. Each player flips two, subtract your lowest number from your highest. Whoever has the lowest difference (answer) keeps the cards.
2. Coin Sort- Search your house for all the coins you can find! Don't forget to look under those couch cushions! Sort the coins into like kinds. Tell your family what you notice on each coin, the name and what each coin is worth.
3. Practice your addition and subtraction facts.

## Specials:

**Technology:** Take your child on an adventure. I have added a whole webpage for virtual field trips and activities on my website at <https://sites.google.com/awrsd.org/wes-technology-class/virtual-field-trips?authuser=0>

Or, try fun offline STEM activities at

<https://sites.google.com/awrsd.org/wes-technology-class/steam-websites?authuser=0>

**Music:** Share with parents your 2 favorite songs, and then the parent shares 2 favorite songs when they are very young. Discuss how/what equipment you listen to music on and how your parents listened to music.

### Art:

Option 1: Draw or paint a picture of a fish for our giant art fish aquarium. We will hang them up at school when we come back!

Option 2: Go on a "Shape Scavenger Hunt" in your house! Look for things that are in the shape of a: square, circle, rectangle, triangle, rhombus. (rhombus will be HARD!!!) Leave those items where they are in the house. Just "look" for them!

\*\*\*"Cookie-Critter" misses you!!!!!! (His name USED to be "Cookie Beaver", but he changed his last name to "Critter")

PE:

# I Can Challenge!

(Try and improve on each challenge every day of the week!)  
You can also complete these challenges with someone else! :)

Have fun with it!!!!

Challenge	# Of Times (Record your score)
<p>1. How many Jumping Jacks can you do in 30 seconds?</p> 	<p>I can do _____ jumping jacks in 30 seconds.</p> <p>M _____ T _____</p> <p>W _____ TH _____ F _____</p>
<p>2. How many times can you toss and catch a stuffed animal or ball above your head with both hands without dropping it?</p>	<p>I can toss and catch _____ times above my head without dropping it.</p> <p>M _____ T _____</p>



W \_\_\_\_ TH \_\_\_\_ F \_\_\_\_

3. How many times can you toss and catch a stuffed animal or ball above your head with your RIGHT hand only without dropping it?

I can toss and catch \_\_\_\_\_ times above my head with my right hand only without dropping it.

M \_\_\_\_ T \_\_\_\_

W \_\_\_\_ TH \_\_\_\_ F \_\_\_\_

4. How many times can you toss and catch a stuffed animal or ball above your head with your LEFT hand only without dropping it?

I can toss and catch \_\_\_\_\_ times above my head with my left hand only without dropping it.

M \_\_\_\_ T \_\_\_\_

W \_\_\_\_ TH \_\_\_\_ F \_\_\_\_

5. How many times can you run around your house or up and down the stairs in 60 seconds?



I can run around my house \_\_\_\_\_ times in 60 seconds.

I can run up and down the stairs \_\_\_\_\_ times in 60 seconds.

M \_\_\_\_\_ T \_\_\_\_\_

W \_\_\_\_\_ TH \_\_\_\_\_ F \_\_\_\_\_

6. How many times can you jump back and forth over a stationary object in 30 seconds?

I can jump back and forth over a stationary object \_\_\_\_\_ times.

M \_\_\_\_\_ T \_\_\_\_\_

W \_\_\_\_\_ TH \_\_\_\_\_ F \_\_\_\_\_

7. I challenge you to go outside and enjoy some fresh air!!! :)

## Websites of the week:

<https://www.k12reader.com/dolch-word-list/> - this website will help you practice your sight words

<https://mysterydoug.com/>

<https://www.ixl.com/signin/ashburnhamwest>

