

State Mandated Screenings

Provided in school

Screening	Grade
Scoliosis	5-9
Vision	K-5,7,9
Hearing	K-3,7,9
Height/Weight	1,4,7,9&10
BMI Calculations	1,4,7,9&10
SBIRT	7 & 9

Screenings are also provided as needed and upon request of parent/teacher during years not mandated.

Physical Exams are required in grades K, 3, 6, 9 and all new entrances and students playing sports. Because your family physician has a comprehensive knowledge of your child's health status, it is recommended that he/she perform the exam.



No child in Massachusetts should be without access to a primary healthcare provider. Massachusetts offers free or low

cost health insurance for children up to the age of 19. For more information, contact your School Nurse.

School Nurses

- ✚ Jane Flis, RN BSN NCSN
JRBriggs Elementary
978-827-5750
Fax: 978-827-5699
jflis@awrsd.org
- ✚ Jessica Heffernan, RN BSN
Westminster Elementary
978-874-2043
Fax: 978-874-0964
jheffernan@awrsd.org
- ✚ Susan Lofquist, RN BSN NCSN
Oakmont High School
978-827-5907
Fax: 978-827-5624
slofquist@awrsd.org
- ✚ Marcia Sharkey, RN BS
Meetinghouse School
978-874-0163
Fax: 978-874-0726
msharkey@awrsd.org
- ✚ Nancy Taylor, RN BSN NCSN
ESHS grant funded nurse
for the district
ntaylor@awrsd.org
- ✚ Heidi Williams, RN BSN
Overlook Middle School
978-827-1425
Fax: 978-827-4986
hwilliams@awrsd.org

Ashburnham-Westminster Regional School District

School Health Services...

*Linking the school to the home and
community*

Children...the world's most
precious resource



"You cannot educate a child who is not healthy and you cannot keep a child healthy who is not educated."

*Jocelyn Elders,
Former Surgeon General*

School Health Services



Ashburnham-Westminster Regional School District Nurses are integral members of the educational team who assist children to develop their full potential. We do this by providing quality health services, teaching disease prevention strategies and through the promotion of healthy lifestyles.

"A child must be healthy to learn and a child must learn to be healthy..."

*Massachusetts Department of
Public Health*

The Role of the School Nurse Includes:

- ✚ Providing acute and emergency care for students and staff
- ✚ Conducting mandated screenings
- ✚ Health counseling and education when needed
- ✚ Medication administration and assessment
- ✚ Planned care for those students with special needs
- ✚ Data evaluation in terms of immunizations and screenings
- ✚ Providing resources to access primary health care services
- ✚ Communicable disease control
- ✚ Promoting environmental health and safety
- ✚ Providing linkage to community resources

Medication Policy

- ✚ The A-W Regional School District Health Services Team encourages that medication be administered before and after school if possible.
- ✚ When medication is needed during school hours there must be a physician's order and a parental written permission with the medication or it cannot be given. Administration of narcotics during the school day is not recommended.
- ✚ Medication must be delivered to the school in a pharmacy or manufactured-labeled container by the parent, guardian or responsible adult. (Medications are not accepted in such things as plastic bags.) No



medications.

child is permitted to bring medication to school.

- ✚ Please contact your school nurse for the proper forms which must accompany all

Ashburnham-Westminster Regional
School District
ESHS Nurse Coordinator Office
Meetinghouse School
8 South Street
Westminster, MA 01473
Telephone: 978-874-0163
Fax: 978-874-0726

When should your child stay home from school?

- ✚ If your child has a contagious illness such as strep throat, flu or chicken pox or has a suspicious rash
- ✚ If your child has a fever of 100 degrees or higher within the past 24 hours
- ✚ If your child is vomiting or has diarrhea within the past 24 hours
- ✚ If your child has red/pink eyes or has drainage from the eyes.
- ✚ If your child has head lice or nits
Once treatment has been done child needs to be checked by school nurse before returning to school
- ✚ **If your child does not have proof of all required immunizations**

PLEASE
NOTE:

- ✚ If your child will be absent, please call the school.
- ✚ If your child is out of school for an extended period of time and/or under the care of a physician, please notify the school nurse.
- ✚ It is very important that you maintain communication with your child's school nurse.



When it is necessary to excuse your child from Physical Education, written notification is required from both parent and physician. Written notification is also required to resume participation in Physical Education.